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Instructions of swab use







Below you can find the instructions of use of the appropriate swabs for SNPs testing.

Please note that for each patient two swabs and two capsules are needed to be send for testing.

Intended for the retrieval of buccal cells. Single use only.

Store at room temperature. Use only if swab wrapper remains intact.

Note: The fresh silica gel is coloured orange and turns green when moisture is absorbed. In the event that the capsule is coloured green on removal from the foil pack, this indicates that the capsule has already been exposed to moisture and is not suitable for use.

<p>Take your DNA sample at least one hour after eating, drinking or cleaning your teeth. For best results, rinse mouth with water immediately prior to sampling.</p>	
<p>1</p> 	<p>Pull open the package from one end.</p>
<p>2</p> 	<p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers.</p>
<p>3</p> 	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower or upper lip. For standard DNA collection rub for 1 minute and in all cases rub for a minimum of 20 seconds. Important – use reasonable, firm and solid pressure</p>
<p>4</p> 	<p>Place the swab back into the tube. Do not touch the swab head with your fingers.</p>
<p>5</p> 	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
<p>6</p> 	<p>Remove the silica gel capsule from the foil wrapper and place in the tube so that the capsule sits on top of the swab shaft. Seal the tube securely with the cap provided.</p>